**FACTS ABOUT WATER**

PART 1. Complete. Use the following words: **disease, taste, solid, 70%, oxygen, Earth, Atlantic, Amazon, seawater, clean, length, rain.**

1. Water is made up of two elements, [hydrogen](http://www.sciencekids.co.nz/sciencefacts/chemistry/hydrogen.html) and [……………………](http://www.sciencekids.co.nz/sciencefacts/chemistry/oxygen.html). Its chemical formula is H2O.
2. The existence of water is essential for life on ………………………...
3. Water has three different states, liquid, ………………………… and gas.
4. Water covers around ……………. of the Earth’s surface.
5. The three largest oceans on Earth are the Pacific Ocean (largest), the ……………………… Ocean (second largest) and the Indian Ocean (third largest).
6. Water from a sea or ocean is known as ………………………….. On average, every liter of seawater contains around 35 grams of dissolved salt.
7. The longest river in the world is the [Nile River](http://www.sciencekids.co.nz/sciencefacts/earth/nileriver.html), it reaches 6650 kilometers in ……………………….
8. The second longest river in the world is the ……………………….. River, it reaches 6400 kilometres in length.
9. The water cycle involves water evaporating (turning into a gas), rising to the sky, cooling and condensing into tiny drops of water or ice crystals that we see as clouds, falling back to [Earth](http://www.sciencekids.co.nz/sciencefacts/earth.html) as …………………., snow or hail.
10. Pure water has no smell and no ………………………, and its energetic value is 0 calories.
11. Most people around the world have access to ………………………….. drinking water but it is a major problem in poorer areas of the world.
12. Water pollution and low quality water can lead to dangerous bacteria, ……………………….. and viruses.

PART 2. Complete. Use the following words: **dehydration, skin, 97%, concentration, weight, digestion, source, harmful, boiling, temperature, baby, drinking, contain, adult.**

1. Drinking water is needed for [humans](http://www.sciencekids.co.nz/sciencefacts/humanbody.html) to avoid ………………………...
2. The amount of water you need each day depends on the …………………………., how much activity you are involved in and other factors.
3. You can calculate how much water you approximately need per day: 0,3 dl X your ………………….. in kg (a person who weighs 50 kg needs 1,5 litres of water a day.)
4. Using water represents a healthy way of cooking. Steaming and …………………….. food are well known cooking methods.
5. If you have a headache or problems with …………………………, it could mean that your body needs water.
6. Watermelon, strawberries, grapefriut, tomatoes, broccoli, zucchini, cuccumber and lettuce are fruits and vegetables that ………………….. more than 90% of water.
7. Approximately 70 percent of an …………………..’s body is made up of water.
8. At birth, water accounts for approximately 80 percent of a ………………….’s body weight.
9. Oceans store most of the Earth's water - …………………… of the total amount of water on earth, 2% of which is frozen.
10. Less than 1% of the water supply on Earth can be used as ……………………….. water.
11. Water keeps your …………………. healthy and young.
12. Water cleanses your body from ……………………….. substances and preserves your health.
13. Water helps your ……………………….., and helps you not to put too much weight.
14. Water is an important …………………….. of minerals.